



Westminster Presbyterian Church

3598 Talbot Street San Diego CA 92106
(619) 223-3193 www.westminstersd.org

Return Service Requested

Non-profit Org.
US Postage
PAID
Permit No. 257
San Diego, CA

Inside this issue:

- Pastor's Message 1
- Birthdays 1
- Calendar 4
- Contacts 3
- News & Events 2, 3

«encoded info»

November
News Deadline:
Friday, October 13TH



«name»
«address»
«city», «state» «zip code»

1st & 3rd Wednesdays is
Table Games @ 3:00 PM
Harris House

Contact Bob and Jackie Petersen for more information



Wednesdays October 4 & 18



1st SATURDAYS
10-Noon
At Mary Harris's home

Westminster Prayer Shawl Knitters create shawls for those in need or who have a special celebration. You will find this to be a group of creative and friendly individuals. You are welcome to join. Contact Joyce Wakefield for more information, or call the church office.

Mark Your Calendar for These October Events

Fri. Sep 29	WOW—Retreat (Fri. 9/29 to Sun. 10/1)	4:00 PM	Viña de Lestonnac
Sun. Oct 01	Communion, Peacemaking offering		
Wed. Oct 04	Table Games	3:00-4:30 PM	Harris House
Sat. Oct 07	Prayer Shawl Knitters	10-Noon	M. Harris's Home
Tue. Oct. 10	M3 Luncheon	Noon	Bay Club
Tue. Oct 10	Session	7:00 PM	Theatre
Wed. Oct 18	Table Games	3:00 —4:30 PM	Harris House
Fri. Oct. 20	Venture Group Dinner	6:00 PM	Pozos's Home
Fri. Oct. 27	Halloween Family Fall Festival	5:00 PM	Westminster Park
Sun. Oct 29	Reformation Sunday		

Every Week

Adult Seminar
Sunday 8:45 AM
Worship Services
Sunday 10 AM
Wednesday 6:30 PM

Westminster Presbyterian Church, San Diego

www.westminstersd.org

Westminster News

Nonprofit Newsletter
Published Monthly

October Volume 10



Pastor's Message: "I did not see that coming."

This is a phrase that is uttered by someone who has been completely blind-sided by the unexpected. I saw a movie (the name escapes me) in which the protagonist, after reconciling with his beloved, raced across the street to embrace her and was hit by a bus. The audience gasped; a number of people shouted "no!" There was a physical, psychological and emotional energy created from this plot twist.

We understandably operate as though life is predicable, but occasionally our lives are disrupted by the unanticipated. We are faced with the reality that life is made up of a series of many random events over which we have very little conscious control.

Sometimes the unexpected is a really good thing, like a call from a long lost friend or a rolling a Yahtzee at Table Games on Wednesday. But many times the unanticipated is unwanted.

The unanticipated could involve impact to hundreds of people, like the destruction of the recent hurricanes. It could be very personal and individualized, like a slip and fall, or the loss of a loved one. Sometimes it is a string of unanticipated events that make us feel like the mole in a giant "Whack-a-Mole" game. Regardless the degree or extent of the impact, those things that we "did not see coming" will likely trigger emotions.

There are two very common emotions triggered by the unanticipated, especially when it involves a loss or major change: resistance and acceptance. Resistance includes the ways we attempt to make what happened or is happening not so. We cry, scream, beg, blame and ignore. We lash out in anger, manipulate, and deny. These emotions are not exactly what you would call "Fruit of the Spirit", but they are Biblical. The psalmist is in a full-on rant with God, with no resolve at the end in Psalm 88 (look it up!). These emotions are very human; we disable ourselves in many ways because we are fearful of the new reality. But the God we worship is big enough to handle all of these seemingly destructive emotions and to understand them for what they are. Feeling and expressing these emotions actually helps us to heal, leading to acceptance. We eventually accept the change, we find peace, we forgive and are forgiven, our hearts soften again, we feel we can loosen our grip and breathe, we experience grace, we learn to trust. Sometimes we even see that the disruptive change was good and useful. Acceptance requires that we surrender our fear and resistance up to life... because life happens.

Our God is sovereign and immutable. Through all of life's changes, this is the thing in which we can place our trust and faith. "God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth should change, though the mountains shake in the heart of the sea; though its waters roar and foam..." (Psalm 46).

Deb

October Birthdays

JoAnn	Landis	7
Henry	Wakefield	7
Ali	Owens	12
Claire	Richmond	16
Don	Carpenter	20
David	Brauner	23
Donnie	Duangphachank	26
Casey	Anderson	27
Charlie	Tatum	29

Support
Westminster's New
Sound System



David Brauner is providing a musical path to a new sound system! Support a new sound system for Westminster Sanctuary. Purchase David Brauner's new release, *No Man's Land* and your \$10 will be donated to this project.

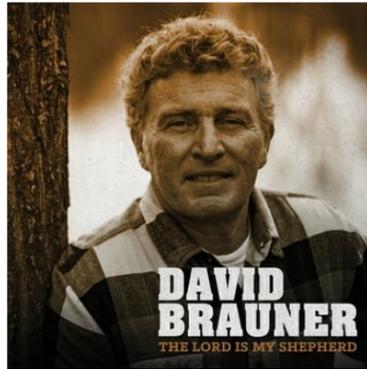
Enjoy the power of God through music as you also participate in bringing better sound to those attending Sunday worship and events in our sanctuary.



Worship In October

October 01	Soulus Christus	Exodus 17:1-7; Philippians 2:1-13
October 08	Sola Gratia	Exodus 20:1-4, 7,9; Philippians 3:4-14
October 15	Soli Deo Gloria	Exodus 31:1-14; Philippians 4:1-9
October 22	Sola Scriptura	Exodus 33:12-23; I Thessalonians 1:1-10
October 29	Sola Fide	Deuteronomy 34; I Thessalonians 2:1-8

Making A difference ~ David Brauner



During Sunday worship you often hear cymbals, maybe a bell or soft drum beat. You always hear Awakening giving each of us a lift with music worthy of standing, clapping, and being full of Praise. These contributions to our Westminster Sunday morning worship service are invaluable to establishing the tone and message of Sunday morning for many of us. David Brauner is one of the key individuals whose contributions make a difference to our Westminster family and specifically to shaping the unique character of our worship services.

In the 1980s, David Brauner was the singer-songwriter for the local roots-rock band Ten Yards. He put down the guitar for nearly twenty-five years until around 2009, when he began his second songwriting cycle. The result is a couple hundred new songs and several CDs, including Spokes on a Wheel (2014 Forward Publishing). David Brauner has been a prolific contemporary Christian musician, with five full-length CD—including his new one, No Man's Land. He was a secular roots rocker in his younger days and after a couple of decades of inactivity got back into songwriting, this time with a devotional message. His recent albums, like Fountain of Love, contain songs that are both secular and spiritual—but those without direct religious references are about self-improvement and care for one another. David's songs tell a story, his lyrics are inspired, his messages timeless.

David has served as an Elder and member of Session and a voice in our choir, he and his wife, Pam, have served as deacons. Their daughter, Aliya, has participated in many of Westminster's Vanguard productions, she has been featured in Dance Recitals at Westminster and is always helpful with greeting on Sunday mornings and assisting our deacons.

Revelation -The Study Continues

8:45 AM Sunday ~ 6:30 PM Wednesday

Why study Revelation? The introductory words provide one reason; "The Revelation of Jesus Christ," may have been the title John gave his letter. The visions have their source in Jesus and they are also about Jesus. He is the great Hero of the book, the central figure. Revelation is unique, for no other book of the sacred canon contains such a promise of special blessing upon its readers. It opens with the words "Blessed is he that readeth, and they that hear the words of this prophecy, and keep those things which are written therein" (chap. 1:3). It closes with the promise "Blessed is he that keepeth the sayings of the prophecy of this book" (chap. 22:7). Revelation completes and crowns the sacred canon. It pulls from all the books of the Bible; it is where all the sacred scriptures come together in a triumphant finale. Few recognize how thoroughly Revelation is permeated with the Old Testament influence and references. Revelation is the only book of the New Testament that is entirely prophetic.

VENTURE GROUP DINNER

Friday, October 20th
Time: @ 6:00 PM
Hosts: Annette & Bob Pozos
Theme: Favorite Fall
RSVP: 619-223-0906

Citizens of the USA (and Westminster) have an impressive appetite for good stuff. To celebrate our last 2017 Venture Group dinner The Pozos' are inviting you to bring your favorite fall dish to share! Now put on your creative culinary hat and consider the ingredients you love most, options are limitless! Plan to attend this deliciously friendly event, a truly great fellowship!



Fall Festival Coming Soon!

M³ Women of Westminster from the Mary, Martha and Miriam Circles are now combined and we call them "The M³" Group.

Tuesday, October 10th Carol Berridge has arranged for the luncheon at Noon at The Bay Club.

RSVP Carol at 619-990-2469 She will announce the location one week prior to the event.

Literature Class

Thursdays
9:30 to Noon, Library
fall literature survey class starts now!

This is a free adult course offered by the San Diego continuing education program. Professor Luke Crane is teaching the course this fall. His teaching style includes lecture and discussion and he makes his syllabus available in class and puts extra copies in our church lobby.

You will find this a lively group bringing many interesting views and life experiences to the discussion. These dedicated lovers of literature have been meeting at Westminster for more than 40 years! Homemade instant coffee is available before class.

SESSION NOTES

Session meetings are held the 2nd Tuesday of each month at 7:00 PM in the library. All congregation members may attend but only current session members have voice and vote.

Elders gathered on Saturday, September 9 for a long, working session. After dispensing with some routine agenda items, the entire focus of the day was to update the bylaws and the standing committees of the church. The current bylaws were adopted in 1988 and there is no electronic copy of the bylaws and standing committees. In the past 30 years, our elder structure has changed, the Vanguard Ministry has changed, the needs of the church members have changed, the surrounding neighborhood has changed, and the internet has become the dominant form of communications. This session moved through the tedious and necessary work of going line by line to present new bylaws to the church which account for these changes.

There is still work to do. Updates will be provided and edited again prior to our next session meeting on October 10th. We hope to have a copy ready for congregational review and meeting in late October.

We are looking for a few good leaders! Marilyn Thoman is stepping aside, as planned, as our Clerk of Session. We will have 4 elder positions and 3 deacon spots to fill. If you are interested, please let Pastor Deb or any Elder know of your interest.

Volunteer for flowers Sign up chart is in the theatre lobby!

Westminster Presbyterian Preschool

October 16 & 19 School Photos
October 17 & 20 Speech, Language & Hearing Screening
October 30 & 31 Halloween Parties



Spanish Class each Monday and Music classes continue each Monday and Thursday. New in October is Soccer every Tuesday and Wednesday.

Every Thursday



PEACE & GLOBAL WITNESS
 SPECIAL OFFERINGS
 PEACEMAKING AND RECONCILIATION

The Peace & Global Witness Offering is received during the Season of Peace, which ends on World Communion Sunday, October 1, 2017. You can help sustain the important PC (USA) ministries and programs that are supported by this Offering when you use the special envelopes available in your October 1, 2017 Sunday Order of Worship.

Reformation Sunday

Reformation Day is a public holiday in five states in Germany on October 31 each year to remember the religious Reformation in Europe. It commemorates when German monk and theologian Martin Luther's proposals were nailed on the doors of a church in 1517. We recognize this important event Sunday, October 29, 2017.

Contact Information

Pastor, The Rev. Deb Mitchell	619-223-3193
Events/Clerk, Marilyn Thoman	619-208-7872
Dir. Music, Pam Monroe	619-216-8679
Treasurer	619-223-3193
Website, Shawn Sickler	619-223.3193
Office, Suzanne Carlson	619-223-3193
Vanguard, David Pearson	619-823-3873
Vanguard Box Office	619-224-6263
Christian Education, Sarah Robinson	619-223-3193
Members, JoAnn Landis	619-223-3193
Mission, Peace & Justice, P. Johnston	619-823-5427
Ministry Support, Lesley Pearson	619-997-3873
Worship, Becky Wieder	619-226-3193
Building & Grounds, Don Evans	619-223-3193
Stewardship, Jerry Monroe	619-216-8680
Deacons	619-223-3193
Park, Marcy Bergqvist	619-224-4727
Personnel/Relationships, C. Berridge	619-226-6704
Preschool, Deb Batchman	619-224-7403

60 Magical, Musical Years

Bob & Jackie Petersen have been loyal Westminster Chancel Choir members for more that 60 years.

They were recently awarded gold bench plaques from our choir to recognize the important seat each provides! Congratulations Bob and Jackie!

